

A KEY TO LIVE DISEASE FREE LIFE MORE THAN 100 YEARS

MIRACULOUS WATER THERAPY

Old and new serious illness can be cured by simple system called "WATER THERAPY". An article was published by Japanese sickness Association that described the following illness can be cured. This method was also tested by research on it.

- Meningitis, Blood Pressure, Anemia, paralysis, fatness, arthritis and Unconsciousness.
- Cough, Cold, Bronchitis and T.B.
- Headache, Liver disease and Urine trouble.
- Hyperacidity Gastrolities and Perchies.
- Constipation, Piles and Diabetes.
- Eyes Disorders.
- Irregular M.C. periods in women, Lacunaria and Ovary cancer.
- Nose and throat diseases.

METHOD OF DRINKING WATER

Early morning drink four glasses of drinking water (1.26 kgs) before/without brushing teeth. For 45 minutes do not eat or drink. After that you can wash your face and brush your teeth. After starting this therapy you should drink water after two hours of breakfast, lunch and dinner. Before sleeping at night no food should be taken.

In case you cannot drink 4 glasses of water at a time, you can start with one glass, after few days 4 glasses. Once you start this therapy you should continue through out your life to remain healthy.

It is also observed during the research on this therapy that following deceases can be cured within stipulated period.

* Hypertension (High B.P.)	... 1 month
* Gas trouble	... 2 days
* Diabetes	... 1 week
* Constipation	... 1 day
* Cancer	... 1 month
* T.B.	... 3 month

Those suffering from arthritis and acidity can continue this therapy for a week, drinking thrice a day thereafter once a day. This therapy is costless and simple and poor people can also be benefited by this medicine free therapy.

I request you all to propagate this therapy to popularize it, as there are no side effects of it. Initially when you will start this therapy, you may pass urine for 2-3 times extra, there after it will be regular.

I wish you all bothers and sisters to be healthy and live a disease free long life.

IMPORTANT:

1. Please do not eat or drink while you are standing.
2. Please rigorously chew the food even it is liquid.
3. Please do the mouth gargling with warm and salted water 32 times just before going to bed at night.
4. Please walk quietly for one hour.